

Special Issue

Nutrition, Diet and Micronutrient Deficiencies in Celiac Disease and Autoimmune Atrophic Gastritis

Message from the Guest Editor

Dear Colleague, Celiac disease and autoimmune atrophic gastritis are both autoimmune diseases characterized by malabsorption, which can lead to specific micronutrient deficiency. Celiac Disease is a systemic immune disease affecting the small intestine and is determined by the consumption of gluten, a protein found in grains including wheat, barley, rye, spelt, and kamut. The only approved treatment for celiac disease is a lifelong strict adherence to a gluten-free diet, which is not always well-tolerated and can affect the overall quality of life of celiac patients. Autoimmune gastritis (AIG) is a progressive, chronic, immune-mediated inflammatory disease characterized by the destruction of gastric parietal cells leading to hypo/anacidity. In this setting, dyspepsia is a common symptom, and its management is challenging, as its pathophysiology is multifactorial and not fully clear. Initial management of dyspepsia in autoimmune atrophic gastritis may involve dietary modifications, such as avoiding trigger foods or eating smaller, more frequent meals. We invite you and your co-workers to consider submitting your original research findings or a review article.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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