

Special Issue

The Relationship between Food Addiction/Eating Addiction and Dietary Intake

Message from the Guest Editor

Dietary intake is essential for sustaining life and it is carefully regulated based on internal needs by brain circuits. Although eating behavior is not typically labeled as 'addictive' in normal circumstances, some individuals can develop a compulsion for this behavior, similar to drug addiction. In fact, both drug-seeking behavior and food/eating addiction involve similar neural pathways. However, there is still an ongoing debate in the scientific community regarding the "food addiction concept" and this paradigm is recurrently revisited. Major controversy exists because food addiction can be considered as a substance-related disorder (food addiction), or a non-substance-related disorder (eating addiction). In this context, the Special Issue, "The Relationship between Food Addiction/Eating Addiction and Dietary Intake" aim to shed light on deeper in the understanding of the topic, considering the substantial gaps in the existing literature.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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