

## Special Issue

# Guidance of National Nutrition Survey on Human Health

### Message from the Guest Editor

The importance of national nutrition surveys for human health is self-evident, as it directly relates to individual growth and development, disease prevention, anti-aging, and overall health improvement. Nutritional surveys collect and analyze the dietary intake of individuals or groups, revealing the relationship between nutritional status and health, and providing scientific basis for improving dietary structure and enhancing health levels. This Special Issue aims to collect papers on the impact of national food consumption, nutrient intake, and nutritional status surveys on human health, such as chronic noncommunicable diseases, aging, and cognitive function. Its purpose is to provide key information on the impact of diet and nutrition on health to policymakers, researchers, and the public.

### Guest Editor

Dr. Zhaofeng Zhang

Department of Nutrition & Food Hygiene, School of Public Health, Peking University Health Science Center, Haidian District, Beijing 100191, China

### Deadline for manuscript submissions

closed (25 March 2025)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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