## **Special Issue**

## Nutritional Approaches in Prevention and Treatment of Heart Disease and Diabetes

### Message from the Guest Editor

Despite improved health care and the enhanced understanding around the causes of cardiometabolic disease, including type 2 diabetes, metabolic syndrome, hypertension, hyperlipidemia, heart failure, and coronary heart disease, they remain among the top causes of death and disability worldwide. The poor control of diabetic condition leads to a series of complications. such as diabetic nephropathy, diabetic retinopathy, diabetic foot, diabetic peripheral neurovascular disease, and other clinical symptoms, which seriously impair patients' quality of life. Because of the long-term nature and complexity of disease treatment, cardiometabolic disease patients have experienced tremendous psychological pressure, which is significantly associated with unhealthy eating behavior, physical inactivity, and poor self-management in patients with cardiometabolic disease and diabetes. This Special Issue aims to attract original research articles and review articles which focus on how healthy-eating behavior and balanced diets as part of effective self-management can prevent cardiometabolic disease.

### Guest Editor

Prof. Dr. Jing Sun Rural Health Research Institute, Charles Sturt University, Orange, NSW 2800, Australia

## Deadline for manuscript submissions

closed (31 March 2023)



# **Nutrients**

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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