

Special Issue

Dietary Approaches and Prevention of Chronic Diseases

Message from the Guest Editor

This Special Issue welcomes original research articles as well as reviews. Topics can include: 1) any chronic disease(s), 2) any dietary approach from among the journal's scope, and 3) any target system/disease category (e.g., neurological, immunological, metabolic, reproductive, endocrine, gastrointestinal, musculoskeletal, or cardiovascular) as well as the microbiome. As a reminder, the journal's scope includes the subjects of: macronutrients, micronutrients, essential nutrients, bioactive nutrients, nutrient requirements, nutrient sources, human nutrition aspects, functional foods, nutraceuticals (e.g., prebiotics and probiotics), health claims, public health, diet-related disorders, metabolic syndrome, malnutrition, nutritional supplements, sport nutrition, nutritional status and body composition, bariatric surgery, sarcopenia, nutritional physiology, and nutrigenomics. Importantly, the focus should be on prevention of an initial chronic disease and/or subsequent spread to comorbid diseases with increased risk of polypharmacy. Both broad public health strategies as well as personalized approaches will be welcomed.

Guest Editor

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Deadline for manuscript submissions

closed (25 September 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/178921

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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