

Special Issue

Phytonutrients in Diseases of Affluence

Message from the Guest Editor

The aim of this Special Issue, “Phytonutrients in Diseases of Affluence”, is to focus on the importance of phytonutrients and other natural substances in diseases of civilization. Phytonutrients contain active biological ingredients that prevent and even effectively treat diseases of affluence. Research on phytonutrients is currently the subject of great interest in both the food, pharmaceutical and cosmetics industries.

Phytonutrients are successfully used in the prevention and treatment of diseases such as: caries, heart and vascular diseases, type 2 diabetes, high blood pressure, overweight and obesity, gout, some allergies, certain cancers (e.g. lung cancer, colon cancer), some skin diseases (e.g. neurodermatitis, acne) and myopia. In the near future, phytonutrients will probably be the basis of new therapeutic strategies, and new research focused on them is needed to understand the mechanisms of their action and finally increase the number of tools in the treatment of diseases of affluence.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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