Special Issue

From Dietary Cholesterol to Blood Cholesterol

Message from the Guest Editor

Cholesterol is indispensable for a proper functionality of human cells. A high blood cholesterol concentration is associated with development of cardiovascular disease. Dietary cholesterol intake and endogenous synthesis are the input fluxes of the whole body cholesterol pool. In the liver, cholesterol homeostasis is controlled via regulation of a large set of interactive fluxes: lipoprotein metabolism, cholesterol synthesis, bile acid formation and biliary cholesterol secretion. The small intestine determines the degree of absorption of cholesterol and the secretion of cholesterol-containing chylomicron particles. Many of these processes as well as the role of the food matrix in dietary cholesterol handling are only partially understood. Dietary means of lowering blood cholesterol involves extreme low cholesterol intake and increased intake of fiber and phytosterols.

We gratefully invite authors to submit original and review papers that contribute to a better understanding of cholesterol homeostasis.

Guest Editor

Dr. Frans Stellaard

Department of Nutrition and Movement Sciences,6200 MD Maastricht University, Maastricht, The Netherlands; Institute of Clinical Chemistry and Clinical Pharmacology, University Hospital Bonn, 53127 Bonn, Germany

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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