Special Issue

Food Policies and Diet

Message from the Guest Editor

Policy-based approaches to promote healthy eating and improve dietary intake are becoming more common in a number of countries, populations, and settings. For this Special Issue, we seek papers examining food policies and dietary behaviors from the perspective of preventing chronic diseases across the lifespan. We will interpret food policies and dietary behaviors broadly. These may include foods and beverages (including alcohol), specific aspects or areas of diet, nutrients, packaging and labels, food systems, food equity, food environments, supplemental foods, emergency foods, feeding programs, and food fortification, among others. Policies may include laws, regulations, statutes, rules, and even formally adopted guidelines. We welcome original research that fits broadly into the food policy and dietary behavior area. We will give preference to papers that describe prospective evaluations of new policies. However, we welcome papers presenting data from all study designs, including post-policy-only evaluations, cross-sectional studies, modeling studies, or descriptive studies. We also welcome review articles and letters to the editor.

Guest Editor

Dr. Sara E. Benjamin-Neelon

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Deadline for manuscript submissions

closed (30 September 2020)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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