

Special Issue

Dietary Fiber and Inflammatory Bowel Disease

Message from the Guest Editors

Inflammatory bowel diseases (IBDs), including Crohn's disease and ulcerative colitis, are chronic diseases of the gastrointestinal (GI) tract, characterized by chronic inflammation that damages the structure of the GI tract. The global prevalence of IBD patients has significantly increased in the last 5 years. However, current treatments only slow their progression, with no existing cure. It is important to understand IBD development and to find out what the underpinning mechanisms of the disease are. A healthy diet is an important factor for maintaining a healthy lifestyle, as well as being a major part of life with IBDs. Dietary fiber, as the key component of a healthy diet, has been identified to help manage and even reduce symptoms of IBDs. This Special Issue aims to link diet (e.g., dietary fiber) and IBDs. All research on mechanistic, observation and epidemiological levels regarding such topics, including basic science, translational study and public health, is welcome.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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