Special Issue

Animal-Originated Food Intake and Human Health

Message from the Guest Editors

Diet is the main factor influencing the development of the body and maintaining its good condition. A properly balanced diet provides the body with all the compounds necessary for the proper functioning of the organism and its individual systems, such as the immune, digestive, or cardiovascular systems. The growing interest in diets targeted at narrow groups of consumers/patients or in restrictive/elimination diets makes it increasingly important to demonstrate the role of individual ingredients consumed in optimum, deficiency, or excess. This Special Issue will focus on both the positive and negative role of animal-derived diet compounds in maintaining health and preventing the development of disease at all stages of human life. We welcome submissions including, but not limited to, the following areas: -Human studies (epidemiological and interventional); -Mechanistic studies aiming at elucidating the biological basis of observed phenomena in in vitro and in vivo animal models.

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Deadline for manuscript submissions

closed (25 August 2024)



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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