

Special Issue

Plant Derivatives and Bioactive Food Components for Health Promotion

Message from the Guest Editors

Active ingredients made from plant parts, such as leaves, roots or flowers, and food extracts are commonly used in the treatment of many diseases. However, being "natural" does not necessarily mean they are efficacious and safe. Just like conventional medicines, "herbal" medicines will have an effect on the body, and can be potentially harmful if not used correctly. The aim of this Special Issue is to focus on the biology, chemical characterization, mechanism of action, clinical efficacy and safety of herbal and food extracts. This Special Issue will also be dedicated to the therapeutical value of nutritional supplements and will include experimental biology, preclinical and clinical studies and reviews.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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