

Special Issue

Early Diet in Pre-term Infants and Developmental Outcomes: Current Insights and Future Direction

Message from the Guest Editor

Pre-term birth remains a significant global health challenge, with infants born prematurely often facing a multitude of health risks and developmental hurdles. Early nutrition plays a pivotal role in influencing their health and long-term developmental outcomes. This Special Issue offers a platform for authors and researchers to contribute their groundbreaking work, share valuable insights, and shape the discourse surrounding early nutrition in pre-term infants, addressing topics such as the roles played by breast milk, fortification strategies, optimal nutrient composition, and the impacts of early dietary interventions on neurodevelopmental outcomes. Together, we can enrich our understanding of the importance of early diet in pre-term infants and pave the way for more effective strategies and interventions to optimize their quality of life. In addition to disseminating up-to-date insights, this Special Issue encourages its authors to consider future directions in research and clinical practice.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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