Special Issue

Health Effects of Dietary Zinc

Message from the Guest Editor

The micronutrient Zn is involved in a large number of physiological processes, as it is required for a wide range of enzymatic reactions and regulatory functions. Zn availability to organ and cells is guaranteed by the activity of a group of specialised membrane transporters. Each zinc transporters expression is restricted to specific cell types making complex evaluating the contribution of the corresponding genetic variants to the risk of developing chronic diseases and to modifying dietary zinc requirements. Zn deficiency is a significant public health problem, especially for lowincome groups, the chronically sick, diabetics and aging population. The lack of reliable biomarkers to assess zinc status makes the evaluation of the impact of zinc deficiency challenging. On this topic, I would like to invite you to submit proposals for manuscripts that fit the objectives of this Special Issue.

Guest Editor

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Deadline for manuscript submissions

closed (15 November 2018)



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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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