

Special Issue

Eating Behaviors Interventions in Rural Communities

Message from the Guest Editor

A balanced diet is a very important factor in child development and human health. Unfortunately, the results of many studies indicate nutritional shortcomings in various population groups around the world, especially in rural areas. Depending on an area's geographic location, economic level, infrastructure and culinary traditions, nutritional problems vary. Some areas experience nutrient deficiencies and thus malnutrition, while others are characterized by consumption of highly processed, high-energy, low-nutrient-density foods, which increases the risk of overweight and obesity. Therefore, actions should be taken to combat these issues, such as promoting a proper lifestyle and eating habits.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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