

## Special Issue

# Dietary Interventions for Patients with Type 2 Diabetes

### Message from the Guest Editor

Evidence continues to emerge regarding the beneficial effects of various dietary and nutritional interventions when aiming to improve glycemic control and weight management in people with type 2 diabetes. The Special Issue will discuss the relationship between dietary interventions and type 2 diabetes. It aims to enhance our understanding of the various mechanistic pathways that contribute to type 2 diabetes, present current research concerning the associations between different micro-nutrients or macro-nutrients and glucose homeostasis and metabolism, and to elucidate dietary intervention strategies that may improve glucose control, induce weight loss and/or diabetes remission. We also encourage the submission of manuscripts that explore the possible relationship between nutrients and genetic factors, and explore precision nutrition strategies based on individuals' genotype and microbiota for the prevention and amelioration of type 2 diabetes. In this Special Issue of *Nutrients*, we welcome both original research or reviews on the current state of research.

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### Guest Editor

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### Deadline for manuscript submissions

closed (25 August 2024)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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