

## Special Issue

# Dietary Interventions for Functional Gastrointestinal Disorders

### Message from the Guest Editor

Functional gastrointestinal disorders (FGIDs) are prevalent in adults, adolescents, and children. They are also known as disorders of gut–brain interactions. These disorders impair the body's movement of the intestines, the sensitivity of the nerves of the intestines, or the way the brain controls some of these functions. Interest is growing in elucidating the environmental and nutritional factors that have contributed to the significant increase in the prevalence of FGIDs. Recent scientific evidence has shown that dietary interventions do present as an independent self-management approach for patients with FGIDs. This Special Issue aims to cover, in the form of either original research articles or reviews, the most recent advances in the development of new nutritional strategies and dietary regimens in gastrointestinal disorders management.

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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