

Special Issue

Obesity and Related Diseases: The Role of Nutrition

Message from the Guest Editor

We are pleased to announce a Special Issue of *Nutrients* that will focus on the role of nutrition in the management of obesity and related diseases. This Special Issue will include articles on the latest advancements and practical applications in dietary strategies that promote effective weight loss and weight loss maintenance to mitigate obesity-related health risks. We welcome submissions from researchers, clinicians, and nutritionists addressing topics such as personalized diets, novel dietary interventions, behavioral approaches, and the impact of specific nutrients on obesity and metabolic health. Articles may present evidence-based insights, clinical outcomes, and potential implications for public health policy. Literature reviews are also welcome. Our goal is to provide a comprehensive resource for healthcare professionals and individuals navigating the complex landscape of obesity management through informed nutrition strategies. Submissions should contribute to fostering a deeper understanding of dietary interventions that support sustainable weight loss and improve overall health outcomes.

Guest Editor

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Deadline for manuscript submissions

closed (15 March 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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