

Special Issue

Dysphagia and Nutritional Strategies: Clinical Application of Rheology of Fluids and Texture Modified Foods for Patients with Oropharyngeal Dysphagia

Message from the Guest Editor

The topic of this Special Issue of *Nutrients* is the clinical application of rheology of fluids and texture-modified food for patients suffering from oropharyngeal dysphagia. We will discuss the properties that cause the therapeutic effect of thickening agents and texture-modified foods, their effect on different phenotypes of patients and how they should be applied in clinical practice, and the need for evidence based classifications and recommendations.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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