

## Special Issue

# Food Intakes, Diets and Nutritional Interventions for Irritable Bowel Syndrome

### Message from the Guest Editor

Irritable bowel syndrome, which combines abdominal pain and transit disorders, affects 4 to 10% of the population. Although it's a benign disease, it can be responsible for an alteration in the quality of life, especially in the most severe forms of IBS. While the causes of IBS are still poorly understood, many mechanisms, both peripheral and central have been described. A link with food is made by two thirds of patients who are often dissatisfied with conventional treatments. We need more information about the various aspects that connect food and IBS: the dietary intake of patients, the link between food and various mechanisms in humans and in animal models of IBS, efficacy of diets and food supplements used for IBS, acceptance and education of patients for nutritional therapies.

### Guest Editor

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### Deadline for manuscript submissions

closed (31 October 2021)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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