

Special Issue

Diets, Foods and Food Components Effect on Dyslipidemia

Message from the Guest Editors

Hypercholesterolemia is an independent risk factor for cardiovascular disease and a recognized target of pharmacological therapeutic agents in both primary and secondary prevention. However, there is increasing interest for the use of natural lipid-lowering compounds that may delay or circumvent drug therapy. To date, there is a strong evidence showing that dietary factors are able to influence atherogenesis. In particular, the Mediterranean diet is particularly rich in vegetable active compounds contributing to its positive effect on human health. In this Special Issue, we invite investigators to contribute original research articles reporting data from both experimental and clinical studies as well as review articles that provide evidence of the effect of food, diet, and dietary components on dyslipidemia.

Guest Editors

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Dr. Arrigo Francesco Giuseppe Cicero

Prof. Dr. Claudio Borghi

Deadline for manuscript submissions

closed (30 September 2020)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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