

Special Issue

Dietary Supplements and Human Health

Message from the Guest Editor

The prevalence of dietary supplement is increased in the world. The primary purpose of dietary supplements is to provide nutrients, such as vitamin and mineral, to maintain health. However, the functional ingredients in food, especially polyphenols, have attracted attention in recent decades, and these ingredients have beneficial effects on human health. On the other hand, a lot of ingredients with poor evidence as to their effects have also been marketed as dietary supplements, and adverse events associated with dietary supplement use have been reported. It is important to choose dietary supplements whose efficacy and safety for our health have been studied. In this regard, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special Issue.

Guest Editor

Dr. Tsuyoshi Chiba

National Institute of Health and Nutrition, Department of Food Function and Labeling, Japan

Deadline for manuscript submissions

closed (30 November 2020)



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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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