

Special Issue

Dietary Sodium and Human Health

Message from the Guest Editor

Salt is essential for life. However, excessive salt consumption has long been known to have detrimental effects on health mostly in the cardiovascular field. Salt consumption is generally estimated by questionnaires or sodium excretion using 24h urine collection. Sodium is believed to have a proper effect on vessels independently of blood pressure. This Special Issue on salt and health is a great opportunity to make a contribution in understanding sodium intake determinants and to provide new insight into the cardiovascular effects of salt. Therefore, we encourage authors exploring sodium intake epidemiology, as well as the interplay between salt in vessels, to submit their research. Dr. Belen Ponte

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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