

## Special Issue

# Dietary Patterns, Gut Microbiome and Cardiometabolic Diseases

### Message from the Guest Editors

The aim of this Special Issue on “Dietary Patterns, Gut Microbiome and Cardiometabolic Diseases” is to provide a comprehensive summary of current original research and review articles highlighting the critical role of dietary patterns, including foods rich in dietary fiber and bioactive compounds, in improving the wellness of the intestinal ecosystem, and preventing cardiometabolic dysfunctions. We sincerely hope that this Special Issue will advance our understanding of how dietary patterns and individual nutrients exert beneficial effects on gut microbiome crosstalk and related molecular mechanisms with the aim to identify new effective and safety dietary strategies in the prevention and treatment of cardiometabolic diseases.

### Guest Editors

**Dr. Maria Annunziata Carluccio**

National Research Council (CNR) Institute of Clinical Physiology (IFC),  
73100 Lecce, Italy

**Dr. Egeria Scoditti**

National Research Council, Institute of Clinical Physiology, Lecce  
Section, Laboratory of Vascular Biology and Nutrigenomics, Ecotekne  
Campus, Via Monteroni, 73100 Lecce, Italy

### Deadline for manuscript submissions

closed (30 November 2023)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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