

Special Issue

Dietary, Lifestyle and Children Health

Message from the Guest Editor

Childhood is a critical period for the development of a healthy lifestyle and the prevention of chronic diseases in adulthood. However, the prevalence of childhood obesity is increasing and unhealthy lifestyles are becoming an epidemic, posing a potential future burden of adult chronic disease. The aim of this Special Issue is to identify and assess dietary factors, including dietary diversity and specific nutrients/phytochemicals, as well as other healthy lifestyle factors, in the prevention and management of childhood chronic diseases.

Additionally, we want to identify gaps and tools that could help with the assessment of children's health. We want to encourage all investigators who work in this field to submit original research, reviews, systematic reviews, and meta-analyses to this Special Issue to broaden our knowledge and open new research directions.

Guest Editor

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Deadline for manuscript submissions

closed (28 October 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0

CiteScore 9.1

Indexed in PubMed



mdpi.com/si/99358

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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