

Special Issue

Dietary Intake and Health throughout the Life Cycle

Message from the Guest Editors

An individual's needs in terms of food, energy and nutrients change over the course of their lifespan, from infancy, early childhood, and the teenage years, to adulthood and older adulthood. Eating a balanced variety of nutritious foods can help an individual to stay healthy. The association between dietary intake, dietary pattern and health need to be further elucidated. This Special Issue will present a series of articles on topics relevant to dietary intake/pattern, infant feeding and their relationship with undernutrition, overweight and obesity, hypertension, metabolic syndrome, diabetes, hyperuricemia, etc. The main findings from these papers will provide solid evidence to policy makers on nutrition improvement and nutrition intervention among all age groups.

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Deadline for manuscript submissions

closed (25 January 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/120941

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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