

Special Issue

Dietary Inflammatory Index and Non-communicable Disease Risk

Message from the Guest Editors

Chronic inflammation and the presence of pro-inflammatory cytokines are involved in the development of a large number of non-communicable diseases such as cardiovascular diseases, diabetes, chronic obstructive pulmonary disease, arthritis, cancer, and others. These diseases represent a very high burden on public health and are among the most significant causes of death and disability in the world. For many years, strong associations have been observed between inflammation and inflammation-related chronic diseases and nutrition, either in whole or with specific food groups and components. The dietary inflammatory index is a useful dietary tool that categorizes the diet of individuals on a continuum from maximally pro-inflammatory to maximally anti-inflammatory. It is calculated from different dietary assessment tools like food frequency questionnaires and others and it is thus easily applicable. It has been associated with inflammation and inflammation-related diseases in some studies and is an active field of research in nutrition science.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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