Special Issue

Dietary Guidelines and Nutritional Education

Message from the Guest Editors

Having knowledge and conducting research around nutrition does not necessarily mean that one is able to communicate that knowledge to the general public and encourage them to modify their nutrition behavior accordingly. This issue is of great importance, and it is thus mandatory to know how to communicate one's knowledge around nutrition to the general public, thereby making nutrition sciences available to and applicable for adults and children. With this purpose, this Special Issue is targeted at both making knowledge available to a wider audience and, secondly, to bringing forth the most novel and up-to-date nutritional education.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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