

## Special Issue

# Influence of Dietary Pattern, Quality, and Chrono-Nutrition on Maternal and Offspring Health Outcomes

### Message from the Guest Editors

There has been a paradigm shift in the field of public health nutrition to focusing on overall dietary pattern/quality, as dietary pattern considers the interactions and potential synergistic influence among nutrients and foods. In addition, it has now been appreciated that non-food dietary factors, such as chrono-nutrition. While evidence on how dietary quality and timing affect one's health in the general population is emerging, there is still a dearth of research investigating whether and how these dietary aspects affect the mothers' health post-delivery and their offspring health trajectory during the perinatal period.

The objective of this proposed Special Issue is to collect high-quality papers assessing the influence of perinatal dietary pattern and chrono-nutrition on offspring or long-term maternal health outcomes. This may include studies examining the relationships of dietary pattern/quality and/or chrono-nutrition during the peri-conceptual, antenatal, and postnatal periods with maternal and child physical and mental health, including but not limited to growth and metabolic health.

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### Guest Editors

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### Deadline for manuscript submissions

closed (30 November 2022)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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