

Special Issue

Associations between Dietary Patterns, Nutrition and Risk of Cancer

Message from the Guest Editor

Cancer is the second leading cause of death globally. Some recent estimates indicate that around 20% of cancers might be attributable to diet and related factors, a percentage that might be even higher for tumors in the digestive tract. According to the latest report: Protective effect of whole grains and fiber or of dairy and calcium intake against colorectal cancer; detrimental effect of red and processed meat intake on colorectal cancer; increased risk of stomach cancer for high intakes of salt-preserved foods; and a higher risk of tumors in the gastrointestinal tract, liver, and breast for high intakes of alcohol. Other dietary habits such as sugar-sweetened beverages or fast food intake or high adherence to the western type diet have been associated with an increased risk of overweight or obesity linked to the increased risk of 12 tumors. Finally, the WCRF points to other associations between diet and nutrition with cancer risk for which the evidence is limited but suggestive and encourage scientist to carry out more research to clarify the role of dietary habits and related factors on cancer risk.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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