

Special Issue

Diet to Treat Fatty Liver Disease

Message from the Guest Editor

Non-alcoholic fatty liver disease (NAFLD) represents a spectrum of hepatic pathology ranging from steatosis to cirrhosis, and it is the most common cause of chronic liver disease in children and adolescents worldwide. NAFLD is becoming a global health burden due to rising rates of obesity and metabolic disease. Lifestyle and diet are key factors in the pathogenesis of fatty liver disease. In addition, genetics and gut microbiota also greatly impact disease development and progression. Therapeutic options for the treatment of NAFLD are sparse, therefore dietary and lifestyle modifications remain the primary and most effective mode of treatment. For this Special Issue we welcome papers that focus on the beneficial effects of macro- and micronutrients on the liver, modulation of gut microbiota and associated metabolites as potential NAFLD treatment as well as genome-nutrient interactions that can impact fatty liver disease.

Guest Editor

Dr. Henricus A. M. Mutsaers

Department of Clinical Medicine, Aarhus University, Aarhus, Denmark

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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