

Special Issue

Diet, Food and Nutrition and Occupational Health

Message from the Guest Editors

Nutrition and occupational health is the maintenance and promotion of the highest degree of physical, mental, and social health of workers in all occupations by controlling risks, promoting healthy eating, providing humanitarian aid, improving health systems, and preventing the departures from health. Occupational health is the advancement and upkeep of the most astounding level of physical, mental, and social health of specialists in all occupations by preventing departures from wellbeing, controlling dangers, and the adjustment of work to individuals, and individuals to their jobs. This Special Issue will publish selected documents that deepen our knowledge of specific and innovative aspects of diet, food, and nutrition related to occupational health. Strategies to change the incidence and prevalence of nutritional disorders in workers include a focus on changing physical and social environments, over and above individual-level strategies, using a multilevel or systems approach. We hope the articles in this Special Issue can help inform the decisions of employers, planners, researchers, and other public health decision-makers.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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