

## Special Issue

# Diet and Exercise in Type 1 Diabetes

### Message from the Guest Editor

Good nutrition, combined with a physically active lifestyle, plays a central role in the management of type 1 diabetes at all ages. This Special Issue of *Nutrients*, entitled “Diet and Exercise in Type 1 Diabetes”, welcomes the submission of manuscripts either describing original research or high quality systematic reviews and meta-analyses focusing on the role of nutrition on type 1 diabetes management and control. Manuscripts should cover the effects of nutrients, foods, and/or dietary patterns in relation to people living with type 1 diabetes. We also encourage submissions on nutrition and dietary strategies for exercise management and performance in type 1 diabetes.

### Guest Editor

Prof. Michael C. Riddell

School of Kinesiology and Health Science, York University, 4700 Keele Street, Toronto, ON M4G 2X1, Canada

### Deadline for manuscript submissions

closed (15 November 2019)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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