

## Special Issue

# Diet and Exercise in Type 1 Diabetes

### Message from the Guest Editor

Good nutrition, combined with a physically active lifestyle, plays a central role in the management of type 1 diabetes at all ages. This Special Issue of *Nutrients*, entitled “Diet and Exercise in Type 1 Diabetes”, welcomes the submission of manuscripts either describing original research or high quality systematic reviews and meta-analyses focusing on the role of nutrition on type 1 diabetes management and control. Manuscripts should cover the effects of nutrients, foods, and/or dietary patterns in relation to people living with type 1 diabetes. We also encourage submissions on nutrition and dietary strategies for exercise management and performance in type 1 diabetes.

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### Guest Editor

Prof. Michael C. Riddell

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### Deadline for manuscript submissions

closed (15 November 2019)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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