

## Special Issue

# Nutritional Factors Influencing Longevity in Women

### Message from the Guest Editor

Currently, the topic of longevity is very popular, and it encompasses a wide variety of aspects of lifestyle choices, including exercise, harmful environmental factors, and nutrition. Numerous nutritional factors are known to have positive as well as negative effects on women's longevity. This Special Issue is dedicated to discussing these nutritional influences and their possible therapeutic applications. It is particularly aimed at scientific authors that conduct research on the potential of food extending women's life expectancy.

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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