

## Special Issue

# Nutritional Guidelines for Chronic Liver Disease and Its Complications

### Message from the Guest Editor

This Special Issue, “Nutritional Guidelines for Chronic Liver Disease and Its Complications”, seeks original research and review articles pertaining to this topic. Unhealthy diets are a key factor in the development of metabolic dysfunction-associated steatotic liver disease (MASLD). Appropriate nutritional therapy is essential to prevent the progression of liver cirrhosis and sarcopenia and the development of hepatocellular carcinoma or liver-related mortality. While nutritional therapy shows promise in managing liver disease, strong evidence substantiating this is still lacking. This Special Issue aims to explore current evidence surrounding nutritional guidelines for liver disease and identify areas requiring further investigation. We particularly encourage the submission of manuscripts that cover meta-analyses of dietary patterns and their impact on dietary components. We hope that this collection of papers will promote the establishment of effective global standards for nutritional care in liver disease.

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### Guest Editor

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### Deadline for manuscript submissions

closed (5 January 2026)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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