

Special Issue

Navigating MASLD: From Nutrition and Metabolic Roots to Clinical Decision-Making

Message from the Guest Editor

Metabolic dysfunction-associated steatotic liver disease (MASLD) represents the most prevalent chronic liver disorder worldwide, closely paralleling global epidemics of metabolic disorders. These metabolic disturbances play a critical role not only in the onset and progression of MASLD but also in shaping current strategies for screening, risk stratification, and therapeutic interventions. We are pleased to invite you to contribute to this Special Issue, which seeks to explore MASLD from its nutritional and metabolic underpinnings to the latest clinical strategies in diagnosis, staging and real-world decision-making. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Nutritional interventions and dietary patterns in MASLD prevention and treatment;
- Molecular and metabolic mechanisms underlying MASLD pathogenesis;
- Non-invasive biomarkers and imaging techniques for MASLD diagnosis and staging;
- Cardiometabolic risk assessment and comorbidity management in MASLD
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We look forward to receiving your valuable contributions that will help shape the future of MASLD research and clinical practice.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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