

Special Issue

Novel Insight on Nutrition and Colorectal Cancer

Message from the Guest Editor

Nutrition is an established etiologic factor for colorectal cancer (CRC) and is estimated to account for more than 40% of CRC cases and deaths. Although a number of diets have been established, only some, e.g., Empirical Dietary Inflammatory Pattern (EDIP) and Empirical Dietary Index for Hyperinsulinaemia (EDIH), have been proven to be CRC-related. Therefore, more evidence of a diet that is more colon-targeted for CRC prevention is warranted to optimize the existing knowledge for an improved dietary CRC prevention, for example, through certain more colon-specific pathways like gut microbial metabolism. Our ambition in this Special Issue is to provide a creative perspective towards the understanding of the nutritional role in any of colorectal cancer-relevant health outcomes. I encourage authors to submit their original research on this attractive topic. An up-to-date mechanistic review article describing the current research progress in the association between diet and CRC would fit very well as the initiating paper of this Special Issue. Any other suggestions from experts in the field are more than welcome.

Guest Editor

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Deadline for manuscript submissions

closed (5 September 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/182605

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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