

Special Issue

Assessment of Nutritional Status in Older Persons—2nd Edition

Message from the Guest Editors

Malnutrition and risk of malnutrition, both are highly prevalent within the older population. Both are independently associated with declining functionality and relevant health deficits, such as functional status, impaired muscle function, anemia, sarcopenia, reduced cognitive function, poor wound healing and delayed recovery from surgery. Malnutrition is clearly associated with decreased bone mass, and immune dysfunction. Aging may contribute to malnutrition and risk of malnutrition through several mechanisms. Nutrition assessment is vital in older adults, as it can bring about improved nutritional status and outcomes, and thus individual benefits for affected persons.

Considering the success of the previous Special Issue, we are pleased to announce that we are launching a second edition Special Issue on this topic. This Special Issue will continue to explore the principles and tools of successful nutritional screening and assessment in older persons. We also welcome research on the current handling of malnutrition in older people within different settings. In the present Special Issue, we welcome original articles, as well as narrative and systematic reviews.

Guest Editors

Prof. Dr. Eduardo Ferriolli

Prof. Dr. Karina Pfrimer

Dr. Heliodoro Alemán-Mateo

Deadline for manuscript submissions

closed (5 October 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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