

Special Issue

Complementary Feeding in Preterm Newborns

Message from the Guest Editor

There is increasing evidence that growth rate during fetal life and infancy has important long-term consequences for cardiovascular risk, bone health, and brain development in term and preterm infants. Infant growth may be influenced by diet, including the age at which solid foods are introduced (henceforth referred to as weaning). The introduction of solid foods is associated with major changes in the intake of both macronutrients and micronutrients. Yet, surprisingly, relatively little attention has been paid to the weaning period of preterm infants in terms of the optimal age for weaning, the nature of weaning foods, or whether this period of important dietary change influences later health and development. This Special Issue aims to clarify some aspects of the introduction of complementary foods in preterm newborns to assist pediatricians in following a common line.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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