

Special Issue

Nutrition to Promote Child Development, Growth and Diet Quality in Middle- to Low-Income Countries

Message from the Guest Editor

A healthy diet during the first 1000 days post-conception is critical for optimal child development and growth. At least one in three children under the age of five years are considered undernourished or overweight, and one in two suffer from hidden hunger, undermining the capacity of millions of children to grow and develop to their full potential (UNICEF 2019). The greatest burden of all forms of malnutrition is shouldered by children and young people from the poorest and most marginalized communities, perpetuating poverty across generations. Improving early childhood nutrition requires that food systems be safe, affordable, and sustainable. This investment is a cornerstone in achieving the United Nation's 2030 Sustainable Development Goals.

This Special Issue focuses on all aspects of nutrition to promote adequate child development, growth and diet quality in middle- to low-income countries. For this Special Issue, we welcome the submission of human interventions, observational studies, economic impact assessments, systematic reviews and meta-analyses, narrative reviews, and short communications.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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