

Special Issue

Calcium, Vitamin D and Aging

Message from the Guest Editor

We are living in an “aging world”, where chronic diseases affecting advanced age are one of the most challenging topics for present and future medicine. Health maintenance during aging is of paramount importance for medicine; hence, ameliorating the burden due to chronic diseases in the elderly is a major goal of future medicine. Nutrition greatly contributes to healthy aging; amongst different nutrients, calcium and vitamin D are implicated in several chronic diseases affecting older ages, such as osteoporosis, sarcopenia, dementia, and cardiovascular disease. This issue is dedicated to the evaluation of the link between calcium and vitamin D and healthy aging.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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