

Special Issue

Nutrition and Supplementation in Lipid Disorders

Message from the Guest Editors

This Special Issue will discuss the influence of nutrients on lipid disorders. Many metabolic diseases and orphan diseases are observed in dyslipidemias, as well as in the course of cardiac or hepatic dysfunction. Substrates for dyslipidemia can include genetic diseases, eating habits, economic status, and insufficient knowledge of proper nutrition. Dyslipidemias are closely related to metabolic diseases such as type 2 diabetes, liver disease, cardiovascular disease, and renal dysfunction. Suggested thematic areas include the following:

- The influence of dietary components on lipid profiles;
- Nutritional interventions and lipid profiles;
- Alternative diets and lipid profiles;
- Dietary supplements and lipid profiles;
- The intestinal microbiota and lipid profiles;
- Stimulants and lipid profiles;
- Nutritional status in lipid disorders;
- The influence of health-promoting nutritional education on changes in lipid profiles;
- Nutritional disorders and lipid profiles;
- Stress and lipid disorders;
- The influence of physical activity on lipid profile optimization;
- Dietary therapy strategies in lipid disorders.

Guest Editors

Dr. Zuzanna Goluch

Department of Food Technology and Nutrition, Wrocław University of Economics and Business, Komandorska 118/120, 53-345 Wrocław, Poland

Dr. Aldona Wierzbicka-Rucinska

Department of Clinical Biochemistry, The Children's Memorial Health Institute, 04-761 Warsaw, Poland

Deadline for manuscript submissions

25 December 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/240815

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)