

Special Issue

Nutrition Support in Bariatric Surgery

Message from the Guest Editors

Bariatric surgery (BS) is widely accepted as a valuable treatment for persons living with obesity, mainly the ones with higher corpulence, affected by physical and psychological comorbidities, with long-term evolution and refractory to other treatment efforts. Obesity is a chronic disease with multiple physical, psychological and social negative impacts, demanding continuous access to adequate healthcare for persons living with obesity. For BS patients, in addition to pre-surgery counseling, both post-surgery personalized guidance, on stages, composition of diet and supplementation, and long-term follow-up nutrition support are mandatory to prevent complications, malnutrition and relapse. The epidemiology and chronicity of obesity imposes integration between the levels and sites of care, raising the following question: can we secure adequate long-term support and monitoring for persons undergoing BS? Several challenges are imposed to persons and health system architecture by obesity. A better understanding and delivery of necessary nutrition care for persons undergoing BS may help improve the outcomes of this prevalent and complex disease.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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