

## Special Issue

# Assessment of Vitamin D Status in Human Health

### Message from the Guest Editor

Vitamin D deficiency has a prevalence high worldwide. Endeavors to ameliorate this public health problem are challenged mostly by the heterogeneity of nutritional and clinical vitamin D guidelines. As the vitamin D receptor is expressed in the majority of human cells, it has been proposed that vitamin D may have a more widespread role in general health. This is supported by several experimental and epidemiological studies. The vitamin D requirements for skeletal health may be fulfilled at lower or higher 25(OH)D concentrations than the requirements for certain extra-skeletal health benefits. Recent large vitamin D RCTs failed to document significant benefits regarding their primary outcomes, but these trials enrolled populations that were, by a vast majority, not vitamin D deficient. This Special Issue will include manuscripts that focus on the assessment of vitamin D status and investigate the associations or causal relationships with any health benefit or disease outcome. And studies regarding the investigation of vitamin D supplementation in healthy individuals or in patient populations with vitamin D deficiency compared to those of normal vitamin D status.

### Guest Editor

Dr. Istvan Takacs

Department of Internal Medicine and Oncology, Semmelweis University  
Faculty of Medicine, 2/a Korányi S. Str, 1083, Budapest, Hungary

### Deadline for manuscript submissions

closed (25 September 2024)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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