

Special Issue

Plant Extracts in the Prevention and Treatment of Chronic Disease

Message from the Guest Editors

Plant-derived dietary components and phytochemicals have attracted growing attention due to their role in promoting metabolic and immune health. This Special Issue aims to highlight evidence-based research on functional foods, nutritional supplementation, and plant-based strategies that contribute to the prevention and management of chronic diseases and frailty. We welcome original research, reviews, and clinical studies focusing on the effects of bioactive compounds naturally consumed through daily diets, such as polyphenols, flavonoids, carotenoids, and plant extracts used as functional ingredients. Submissions that explore their underlying mechanisms, clinical efficacy, safety, and nutrient–gene interactions are particularly encouraged. While the focus will be on dietary and nutritional frameworks, studies on standardized plant extract formulations may also be considered if they are positioned within the context of the development of functional food or dietary supplementations. We look forward to your valuable contributions advancing our knowledge in this important and evolving field.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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