# **Special Issue**

## Nutrition Approach in Kidney Stone Diseases

## Message from the Guest Editor

Unhealthy or inadequate dietary habits play a key role in the pathogenesis of nephrolithiasis. In order to avoid the formation of kidney stones especially in Kidney Frequent Stones Former Patients. This topic welcomes research or experiences useful for combining a dietary style tailored to the typology of urinary stones together new specific therapies aimed at stopping or slowing the stone's formation. In addition, this topic accepts and encourages research on optimal waters used in drinking therapy. Finally, publications relating to pre-analytical and analytical methodologies for a correct causal diagnosis are appreciated.

## **Guest Editor**

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## Deadline for manuscript submissions

5 November 2025



## **Nutrients**

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## About the Journal

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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