

Special Issue

Natural Products and Health: 2nd Edition

Message from the Guest Editors

Nutritional status determines a person's condition and resistance to disease. For a developing organism, it influences growth and development. Eating disorders and inflammatory and autoimmune metabolic diseases are often associated with the occurrence of nutritional deficiencies. We constantly aim to improve the nutritional status of patients, both in terms of increasing their appetite and improving their nutrient absorption efficiency. Using natural substances to enhance the nutritional statuses and metabolisms of people with metabolic diseases is noteworthy. For example, *Cannabis sativa* is a source of anti-anorexic and hypoglycemic compounds, which support patients' nutrition and pharmacotherapy. Understanding the pharmacology and mechanisms of action of cannabinoids in the regulation of metabolic and enzymatic processes will allow the safe introduction of natural substances to prevent and treat metabolic diseases.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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