

Special Issue

Aging, Natural Bioactive Compounds and Non-communicable Chronic-Degenerative Diseases

Message from the Guest Editors

Life expectancy today is longer than it used to be; at the same time, the geriatric world population is increasing exponentially and is projected to rise further in the decades to come. Moreover, the number of patients affected by chronic non-communicable diseases (CNCDs) such as chronic kidney disease, diabetes mellitus, arterial hypertension, cardiovascular diseases, and neuro-degenerative diseases, often related to aging, is increasing, having a negative impact on Public National Health costs. In this scenario, it is essential to study new, alternative strategies that allow us to counter the comorbidities onset and to improve the quality of life of the geriatric population. Natural bioactive compounds are food-derived molecules that, without side effects, could be useful as adjuvant treatment in the prevention and clinical management of CNCDs. Among natural bioactive compounds, polyphenols play a key role, and numerous studies suggest that they exert antioxidant, anti-inflammatory, and anti-aging effects

Guest Editors

Prof. Dr. Nicola Di Daniele

UOC of Internal Medicine–Center of Hypertension and Nephrology Unit,
Department of Systems Medicine, University of Rome Tor Vergata,
00133 Rome, Italy

Prof. Dr. Annalisa Noce

1. UOSD Nephrology and Dialysis, University Hospital Tor Vergata,
Rome, Italy
2. Department of Systems Medicine, University of Rome Tor Vergata,
Rome, Italy

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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