

Special Issue

Benefits of Resveratrol Supplementation

Message from the Guest Editors

Dear Colleagues Polyphenols have been linked to positive effects on health. Resveratrol, present in some foods, shows positive effects on physiological and biochemical processes, representing a potential tool for the prevention or treatment of highly prevalent diseases. Some effects have been observed only in pre-clinical studies so far. Thus, new knowledge is needed for the development of novel functional foods/nutraceuticals, incorporating resveratrol, suitable for preventing or treating diseases such as cancer, cardiovascular disease, obesity, dyslipidemia, insulin resistance, diabetes, liver disease... It is our pleasure to invite researchers to provide manuscripts, original research or updated reviews, for a Special Issue entitled "Benefits of Resveratrol Supplementation". Manuscripts with recent advances on resveratrol-mediated effects on health, its mechanisms of action, dose-response pattern, bioavailability, combinatorial strategies, population target or health claims are welcome. Dr. Alfredo Fernández-Quintela

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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