Special Issue

Food Parenting Practices and Children's Dietary Behaviors and Health Outcomes

Message from the Guest Editor

The diet of most children and adolescents does not fully align with current dietary guidance. Parents are highly influential on their children's dietary intake and behaviors, not only because they are key decisionmakers about food availability within their household, but also due to their role as models for dietary behaviors and due to their influence through food-related parenting practices. Although it is known that food parenting practices are associated with children's dietary intake and behaviors, less is known about how individual, family, or environmental factors influence those associations, particularly among children and adolescents from diverse ages and backgrounds. Further, the role of food parenting practices on disease risk factors and health outcomes, beyond obesity, is less studied. The purpose of this Special Issue is to highlight the current evidence regarding the role of food parenting practices on children's and adolescents' dietary behaviors and their downstream diet-related health outcomes through the use of qualitative, observational, and intervention research methodologies.

Guest Editor

Prof. Dr. Sonia Vega-López

College of Health Solutions, Arizona State University, Phoenix, AZ 85004, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
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Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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