

Special Issue

Dietary Intake and Health Status in Older Adults

Message from the Guest Editor

Aging is a global concern that affects Western, Asian and other populations inclusively. A large portion of overall health spending is devoted to elderly persons, with much of this being taken up by non-communicable diseases. Healthy dietary patterns and specific nutrients have been shown to be beneficial for promoting health and prolonging life among older adults. While there is considerable interest among scientists regarding the effects of nutrition on the health and aging status of the older population, there is still scant information on temporal and regional patterns. Nutrition can have a specific impact on aging-related health outcomes and disability, such as sarcopenia and frailty, in either prevention or intervention schemes.

We invite you to consider submitting your original research findings or a review article on the topic. Manuscripts should focus on nutrition and aging epidemiology, on public health nutrition for older adults, or on the direct impact of specific food components, dietary patterns, energy intake, macro- and micro-nutrients, food insecurity, innovative foods, malnourishment or appetite on the health status of older populations.

Guest Editor

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Deadline for manuscript submissions

closed (15 April 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/138829

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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